

# CARE OF THE **ORPHAN DONKEY FOAL**

Fostering, feeding and treatment advice.

A foal may be orphaned because of its mother's death, rejected due to antagonistic behaviour or undernourished by an inadequate milk supply. We offer helpful advice on fostering, feeding and treatment as alternative means of maintenance until at least five months of age.

### **FOSTERING**

Finding a nurse mare has many advantages, but they are rarely available. A mare that has just lost her foal is ideal. Success depends on a number of variables affecting the mare to foal relationship, including:

- Mares that have had a stillborn foal or have not suckled are less likely to accept
- The longer the period between the death of the mare's foal and the introduction of the orphan foal, the less the chance of success. After 2-3 days of not being suckled the mare's milk may dry up
- If the size discrepancy between mare and foal is great, chance of acceptance is less
- If the foal has never suckled, it gradually loses the instinct
- A mare's mothering instinct varies between individuals. Some mares show extreme hostility at first but, once they have accepted a foal, they can make the best mothers.

### OVFRCOMING REJECTION

There are a number of ways to help avoid or overcome rejection of a foster foal:

Move the mare to an alternative stable from one she might associate with her dead foal

- The amnion, meconium or hide from a dead foal should be smeared over the orphan foal before presenting it to the mare
- Place a strong smell over the mare's nostrils, eg Vicks vapour rub. Also place this on the foal, especially over hindquarters, head and neck. Renew at frequent intervals
- Put the foal to the mare when it is hungry, eg every three hours. Introduce the mare to the foal when she has a full udder
- Restraints such as chemical tranquillizers or hobbles can be used. The need to use restraints should diminish
  at each subsequent meeting.

Observe the mare and foal when first left together. Some mares and foals are best kept separated by a partition, which will allow the sight and smell of each other, but will protect the foal.

If unsuccessful on the first encounter re-introduce after a short period of time, as success may be achieved after further attempts. If the mare is still showing an antagonistic response after 10-12 hours then the chances of success are poor.

### COLOSTRUM

Colostrum must be given within the first 12 hours of life; the first feed should be within 2-3 hours of birth. The recommended amount is 250 ml every hour for the first six hours, making a total of 1.5 litres. Absorption rapidly falls after three hours of age so foals should be encouraged to nurse as soon as possible - if in doubt the foal's IqG levels can be measured 16-20 hours after birth.

In a case of rejection of the foal, obtaining the colostrum from the mother would be preferable, or it could be taken from another mare within two days of giving birth. A healthy mare should have enough for 250 ml to be taken off after her own foal has sucked although it is useful to check colostrum quality first using a refractometer. Clean hands and the mare's udder before milking and sterilise all utensils.

Colostrum from a cow is not really suitable, although if fed in large quantities it would be better than having none. Collect colostrum and freeze at -15-20°C. Store in 250 ml batches, when required defrost slowly in hot water until it reaches 38°C. If the foal has received no colostrum, or lgG levels are measured at <800 mg/dL then plasma (preferably hyper immune) must be administered intravenously during the first 12 hours of life. Catheter placement and plasma administration is usually performed under sedation. Good levels of sedation in the donkey foal have been achieved with IV diazepam at 0.1-0.25 mg/kg.

### SUPPLEMENTARY FEEDING

If a mare is not producing enough milk for her foal, the mare's diet can be supplemented while the mare is in lactation. To try and increase milk production, the following methods may be successful:

- An injection of oxytocin, 0.5-1.0 ml to stimulate the milk flow
- Feed lucerne (alfalfa) or allow grazing on lush, green grass.

#### HAND-REARING

There may be no alternative but to hand-rear, in which case, you should consider the following:

- Hand-rearing a foal is neither easy nor cheap and those involved should be prepared to commit their time and resources. Experienced, conscientious helpers are essential
- A foal can develop poor behavioural characteristics if hand-reared without other animal contact. Sheep and goats make good companions, but the foal should also be allowed to see other equines. When out in the fields (once the foal is over one month of age), it can be joined by a quiet pony or donkey. This companion will act as a role model
- Make sure the foal gets regular exercise, especially as it gets older and stronger. As milk contains very little vitamin D, the foal should be allowed outside regularly in the sunlight. Donkeys exposed to sunlight for at least three hours a day can produce their own vitamin D, which is essential for proper bone development
- The foal should be kept in a warm, dry place, and sheltered from the wind. A clean, loose box with clean bedding is ideal. Ideally the box should have been empty for 2-3 weeks before housing the foal and there should be no incidence of enteric disease associated with the area
- The box and all equipment used should be cleaned, disinfected and/or sterilised. Anyone entering the box should take the necessary hygiene precautions, particularly in the first 72 hours. The foal can be given covering antibiotics for the first few days if desired, although this is a matter of preference and is not generally advocated.

## **BOTTLE FEEDING**

Bottle feeding is time-consuming but it is preferred. This could be used in the transitional period before a foal is trained to drink from a bucket. A lamb's teat is the closest in shape and pliancy to those of a donkey mare. If the foal rejects the teat, place an index finger in its mouth and, if it does not suck, move the finger against the roof

of the mouth. Slowly replace the index finger with the teat once sucking begins and be patient. Keep the bottle in an upright position.

## **BUCKET FEEDING**

Bucket feeding is less time-consuming once the foal has been trained, but it is much harder to introduce than the bottle. This is usually best started when the foal is two weeks old or older. Milk should be offered ad-lib in a wide, shallow bucket placed at head height. It should be replenished twice daily, and the bucket cleaned thoroughly.

To train, place your fingers into the foal's mouth and, as it begins to suck, slowly lower your hand into the bucket of milk. It may be necessary to push the foal's head down to show it the bucket. At worse, it may take a whole day for a foal to learn to drink from a bucket.

## NASOGASTRIC INTUBATION

This practice must only be carried out by a medical or specialised personnel.

Sometimes a weak foal needs to be fed via a nasogastric tube. Insertion of the tube can be quite difficult. Great care must be taken during placement to ensure that the tube is in the oesophagus. A 'portex' male urine catheter 20°F can be used to intubate donkey foals but ensure the end is capped to avoid aerophagia. This can be secured into place. As gastric intubation is a risk factor for gastric ulceration in foals, the use of Omeprazole (GastroGard®) may be indicated (although this product is not licensed for use in foals under four weeks of age). Donkey foals should be accurately weighed and care taken with dosing of any drugs.

## **PROTOCOL** FOR HAND-REARING

- Warm milk to 38°C for initial feeds, gradually reducing to air temperature over the first week
- Changes should always be made slowly over 24-48 hours
- A 10 kg foal requires 30 kcal/kg (125 kJ/kg) per day
- A sick or premature foal requires 36 kcal/kg (150 kJ/kg) per day

■ The recommended volume of milk for a healthy foal is 100 ml/kg body weight per day. For a 10 kg foal this means 1 litre of milk a day, eg 10% of its body weight.

A foal naturally sucks from its mother about seven times a day. Ideally it should be fed at 2-3 hourly intervals, although during the first week it is preferable to feed every 1-2 hours. If the foal is sick, it may be unable to tolerate more than 50-100 ml every hour, so more intensive rearing is required. As it improves this volume can gradually increase to 200 ml an hour.

Day 1 & 2: Feed 100-120 ml every two hours (10-15% of body weight) - 10-12 feeds per day.

**Days 3 to 7**: Increase the volume of each feed to 150-200 ml (25% of body weight). Reduce the number of feeds to about eight a day, feeding every 2-3 hours. Milk-based pellets can be offered from one week old. From three weeks old this can be supplemented with TopSpec Comprehensive Feed Balancer, introduced slowly up to 100 g/100 kg.

**Weeks 2 & 3**: Give 300-350 ml at each feed, reduce to six feeds a day on a four-hourly basis. Allow access to fresh water and consider training to bucket feed. The foal may pick at the straw bed and allow a limited quantity of good quality hay/haylage and access to grazing to start the foal weaning.

**Week 4**: Feed 500 ml five times a day. Do not wean off milk until eating adequate dry food. The changeover should be gradual to allow the digestive enzymes to adapt.

**Week 8 to 12:** During this period weaning progresses. Switch to 1 litre of milk 4 times a day at the eighth week and then to 1 litre, 3 times a day at the twelfth week. It is possible to have the mare feed the foal with 0.5 littres of milk per day, but weaning must be completed by the fifth month of age.

## TYPES OF MILK TO CONSIDER

### MARE'S MILK

This is obviously the best option for the foal, but is not always readily available. Milking a mare is very time-consuming.

### **GOAT OR COW'S MILK**

This is much easier to obtain but not similar in composition, as it contains higher total solids, fat and protein but is considerably lower in sugars. The need to mix powders is avoided, but it can be expensive, particularly with regard to goat's milk. Goat's milk is considered to be good foster milk as the fat particles are smaller than in cow's milk. It is more easily digested and it also seems very palatable. Cow's milk can be made to resemble mare's milk more closely by adding one teaspoon of honey to a pint of 2% fat milk. Jersey milk must not be used due to its high fat content. Cow's milk may contain a surprising number of bacteria so it is advisable to pasteurise it by heating to 70°C for 15 seconds.

#### Suggested formula:

- 300 ml cow's milk
- 150 ml lime water (50 g hydrated garden lime in 10 litres of water leave overnight to settle, and then pour off limewater from sediment)
- 20 g of lactose/molasses/honey/brown sugar.

#### MILK REPLACERS

The ideal formulation contains 15% fat, 22% crude protein and less than 0.5% fibre. Calf milk replacers are not recommended. They are a poor source of high quality protein and often contain antibiotics. There are suggested formulae for calf milk replacers (eg Denkavit) without antibiotics.

Human formulae should be avoided, as they are not tolerated by the foal's gastrointestinal tract. Poor milk replacers can cause stunted growth. It should also be noted that following the manufacturer's guidelines may cause dehydration and constipation. It may be best to use 12.5% solution of replacer, giving 10% of the foal's body weight and slowly increasing by day 10 to 20% body weight.

There are many brands of artificial milk for foals, just search the Internet for foal milk replacer. For example:

- Aintree Foal Milk Replacer
- Equilac®
- Mare's Milk Replacer.

### **DIARRHOEA**

### **NUTRITIONAL: CAUSES AND PREVENTION**

The processing of milk substitute causes a loss in basic amino acids. A good quality replacer with 22% crude protein should be chosen. Excess liquid milk substitute at any one meal can swamp the digestive enzyme system and acidity control in the stomach, causing rapid proliferation of pathogenic enteric organisms. Give feeds little and often. Infection can easily be picked up from the environment, human contact and dirty utensils. Keep hands and utensils clean. Milk left to stand allows growth of bacteria. Only use fresh milk. Shop-bought milk can contain quite high levels of bacteria, which may or may not be pathogenic. Sudden diet changes can upset the digestive enzymes. Changes should always be made slowly.

### LACTOSE INTOLERANCE: CAUSES AND TREATMENT

Lactose intolerance diarrhoea can be found mostly secondary to intestinal damage caused by an infectious agent and can be identified rapidly as it responds to the removal of the milk and returns when milk is fed again. Oral lactase therapy has been used in donkey foals (eg 4-6 drops PO q 4h of Colief®).

#### TREATMENT OF DIARRHOEA

The milk substitute should be withdrawn and replaced with a solution of 50 g glucose in 500 ml warm, boiled water for one or two days. The return to milk should be gradual, alternating with the solution. The number of feeds per day should be increased with the same total daily consumption. Consideration should be given to supplementing with lactobacillus paste during dietary changes. Intolerance to the milk substitute causes colic, diarrhoea and/or bloat. This could also indicate gastroduodenal ulceration, so antiulcer medication should be considered. Decreasing the volumes or increasing the frequency can be tried, or a change to an alternative source.